

# Gold Dust Days Race 2009

Rock Star Runners presents: The 7<sup>th</sup> Annual GOLD DUST DAY RACE featuring a **new Half Marathon Event**.

**WHEN:** June 6<sup>th</sup> 2009 - all races start at 8:00 am and end at the same place

**WHAT:** **5k** out and back - **10k** loop and a all new **half marathon** loop- Maps will be available day of race and on the back =>

**WHERE:** Gold Hill City Center located by the library. All races start and finish at Gold Hill City Center

**REGISTRATION:** **5k/10k** \$15 w/ Rock Star Runner mesh shirt by May 29<sup>th</sup>  
\$ 18 Day of race

**Half Marathon** - Pre-registered \$20 w / shirt  
Day of race- \$23

**RESTRICTIONS:** No Roller Skates, Bicycles, Skateboards, Baby Strollers, Dogs, Headphones or UN-REGISTERED PARTICIPANTS.

**PACKET PICK-UP:** Race Day at Gold Hill City Center 6:45-7:45 am.

**AWARDS:** Overall Male / Female in each race and 1-3 in each age category - 10:30 am.

**VOLUNTEERS** - If you feel like giving a helping hand opposed to running call JJ Moses 541-855-7263

**\*\* ALL NEW RECORDS WILL BE RECORDED FOR THE HALF MARATHON EVENT\*\***

Name \_\_\_\_\_ Age \_\_\_\_\_ Female \_\_\_\_\_ Male \_\_\_\_\_ Pre-registered- **5k / 10k** \$15 by May 29<sup>th</sup> \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ \$ 18 day of race \_\_\_\_\_

Telephone \_\_\_\_\_ Shirt Size: Med \_\_\_ Lg. \_\_\_ XL \_\_\_

**Half Marathon**  
Pre-registered - \$20 by May 29<sup>th</sup>  
Day of Race - \$23

Gold Dust Days Run – Incomplete, illegible or unsigned entry forms will not be accepted. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically and properly trained. I agree to abide by any decision of a race official to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry. I for myself and anyone entitled to act on my behalf, waive and release Gold Dust Days Run, Team Rock Star, City of Gold Hill, County of Jackson, State of Oregon, USA T / F , it's officers, directors, agents, and employees, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, animals, and radio head sets are not allowed in the race and I will abide by this guideline.

**\*\*Shirts included with all pre-registered participants – Limited shirts available Day of Race\*\***

**MAIL TO:**

TEAM ROCK STAR  
973 SECOND AVENUE  
GOLD HILL OR, 97525



Signed \_\_\_\_\_ Parent or Guardian (if under 18) \_\_\_\_\_

## FEMALE RECORDS

### 5k records

### 10k records

**OVERALL RECORD: Ashley Gilkey 18:47**

**OVERALL RECORD: Susan Holt 39:39**

13-under	Olivia Clark	26:24
14-18	Ashley Gilkey	18:47
19-29	Rasa Lila	23:31
30-39	Melanie Neilitz	21:01
40-49	Jane Podolski	21:37
50-59	Suzanne Ray	20:46
60-69	Kikki Amish	25:47
70-79	Elenor Holbrook	44:24
80-over	Open	

13-under	Open	
14-18	Open	
19-29	Laura Raber	46:05
30-39	Susan Holt	39:39
40-49	Elena Mckennon	45:19
50-59	Suzanne Ray	42:20
60-69	Hanne Hoppe	52:36
70-79	Open	
80-over	Open	

## MALE RECORDS

**10k wheelchair Record: Corey Hartgrave 33:42**

### 5k Records

### 10k Records

**OVERALL RECORD: Patrick Boiven 15:22**

**OVERALL RECORD: Glenn Tucker 32:30**

13-under	Jason Arbour	20:34
14-18	Geoff Donaldson	16:31
19-29	Patrick Boiven	15:22
30-39	Tim Julian	15:38
40-49	Mike Davis	18:28
50-59	Ron Ackerman	19:27
60-69	Ron Ackerman	19:48
70-79	Ken Mohica	22:54
80-over	Bill Hutchinson	32:53

13-under	Forrest Eldred	55:51
14-18	Connor Kasler	34:34
19-29	Glenn Tucker	32:30
30-39	Jon Luethold	34:46
40-49	Thomas Knox	39:22
50-59	Robert Rea	39:07
60-69	Richard Divita	44:56
70-79	Open	
80-over	Open	